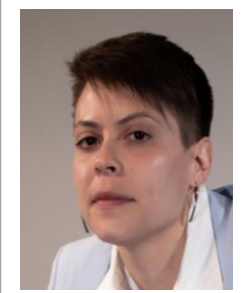


**Branch Meeting - Saturday, October 16th - 9:30 am
@ 1st Presbyterian Church, Oceanside**

Guest Speaker: K Thomas (Lifeline-Project LIFE)



K Thomas has been working with victim/survivors of sexual and relationship violence since 2010.

She has worked in many capacities including case management, staffing crisis and emergency response hotlines, victim advocacy, and psychotherapy services. She has worked with victims of domestic violence, sexual assault, sexual abuse, stalking, and human trafficking.

With a background in training and research, K has facilitated trainings on

LGBTQ service provision, vicarious trauma, neurobiology, culturally responsive services, domestic violence, and trauma-informed care. K is a Licensed Professional Clinical Counselor and also an adjunct faculty member of Bastyr University in the Counseling Psychology and Naturopathic Medicine programs.

As Clinical Training Manager for, and psychotherapy to survivors of trafficking.

She provides training and development to staff, collaborative partners, community members, and service providers on human trafficking identification and services, trauma-informed care, cultural responsiveness, and best practice. K is also a co-founder and co-chair of the California Human Trafficking Advocates Network for Collaboration and Empowerment (CHANCE).

K will discuss **Project LIFE**.

SAVE THE DATE!!! November 20th: Game Day

9:30 am to 2:30 pm

Meet our 2020 Scholarship winners, enjoy lunch, play games!

Registration forms will be emailed to members

Back to Normal

President's Message



It was so great to have a meeting at the Church and launch our 2021-2022 year.

What a great program with Seena Trigas doing a presentation on The Suffragists - followed by the wonderful Tech Trek girls demonstrating their hats and experiments from the 2021 virtual Tech Trek Camp! Please note - you can view the Camp Video at the link provided below right.

This is what we do: educate, demonstrate, participate and create for our members and our community.

Please join us in one of our interest groups, programs or events in the next few months.

The photo below are the Tech Trek girls and coaches who attended our meeting.

Ele

TECH TREKKERS AT SEPTEMBER BRANCH MEETING



AAUW MISSION STATEMENT

AAUW's Mission is to advance equity for women and girls through advocacy, education, and research. AAUW DIVERSITY STATEMENT In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin or disability.

CARLSBAD-OCEANSIDE-VISTA BRANCH

Elected Officers:

President 2020-2022: ELEONORE LAVENDER - 480-518-0428
President Elect: AMY SHANNON

Program VPs: JANET BRYANT & CRYSTAL STEBBINS
Membership VPs: LYNDA DANIELS & DENISE TRUETT
AAUW Fund VPs: SHARLENE BERGART & SALLY CUMMINS
Secretary: ELLIE BURTON
Financial Officer: BELLE JOHNSON BOHN

Appointed Officers and Committee Chairs:

Communications: NANCY HACKERT
Public Policy: VACANT
Membership Treasurer: VACANT

Parliamentarian: VACANT

Auditor: RITA KOOR
Governance: NELLE HEFNER
Historian: CAROLYN RODOSTA
Scholarship: MARDI MUSICK
Sunshine: MARY LOU HENRY
Tech Trek: FAYE CAPPS
Tech Trek Alumnae Group (TTAG): MAGGIE WOLFE-JOHNSON

COV Website: cov-ca.aauw.net
COV E-mail: aauw.cov@gmail.com
State Website: aauw-ca.org
National Website: aauw.org

OCTOBER BOARD MEETING
Sunday, October 10th @ 3:00 pm
Host Home: Crystal Stebbins

TECH TREK 2021 Virtual Camp Video.
Follow the link:
<https://flipgrid.com/+6z15bgmy>

Interest Groups



October

DRAMA DIVAS – Will meet Thursday, October 14th at 1:00 pm at Annemarie’s home. We will read *Dead Ringer* by Charles Ross. Notify Annemarie Whalen: aswhalen1@yahoo.com if you are interested in joining our play reading group.

EXPLORING CALIFORNIA – Will meet Monday, October 18th at 9:30 am at Sally Cummins’ home. Email or text Debby Parks: bridgebud2@yahoo.com or 760-505-0384 for any questions.

GREAT DECISIONS – Will meet Tuesday, October 12th at 6:00 pm at Sally Cummins’ home. We will discuss the role of the World Health Organization (WHO) addressing Covid-19. Amy Shannon will lead the discussion. If you would like to join us, contact Kathi Harper for further information.

HAPPY HIKERS – Will meet on Saturday, October 2nd at 9:00 am. We will be meeting at the Blue Sky Preserve & Lake Poway. We will hike SDRVC’s Coast to Crest Challenge. If you would like to join us, please RSVP to Crystal Stebbins, 619-804-3307 or crystalstebbins1015@outlook.com.

LUNCH BUNCH – . ON HOLD until November due to COVID situation. Anyone who is not on the current email list who wishes to receive communications about this interest group please notify Erica Heisler: ericasheisler@gmail.com or phone, leave message or text 760-271-0612.

MAH JONGG – Will meet Wednesday, October 13th at 1:00 pm. If you would like to attend or would like to learn about Mah Jongg please notify Nelle Hefner.

MOSTLY BOOKS – Will meet on Tuesday, October 26th at 1:00 pm at Karen Frisch’s home to discuss *The Paris Orphan* by Natasha Lester. This story follows a model-turned-journalist who struggles with 1940’s sexism while covering WWII on the European front as she helps to raise a young orphan. New members and guests are always welcome. Contact Belle at bjbohn1@mac.com. Since we will be meeting in person, masks and vaccinations are required.

MYSTERY BOOKS – Will meet Monday, October 4th at 1:00 pm at Ella Jarf’s home. We will be reading *The Devil in the White City: Murder, Magic and Madness at the Fair that Changed America* by Erik Larson. This mystery is a true story of the Chicago World’s Fair of 1893 and the hunt for a murderer. Contact Sing Baker at singb@roadrunner.com , 760-644-4732, for more information.

SCRABBLE – Will meet Tuesday, October 12th at 1:00 pm at Lynda’s. Prizes are awarded for *Bingos*. Notify Lynda Daniels if you want to join: lynda6367@yahoo.com.



Denise Crystal Beth Annemarie
@ Gonzales Canyon Loop Trail-September 11th

Members' Corner

MEMBERSHIP MATTERS!

We are looking to increase our COV membership from 83 to 100 members!

Please contact your friends, Senior communities, Church groups, PEO, Women Clubs, etc. to join us for a high tea/brunch. It will be hosted at Lynda Daniel's home - 4547 Picadilly Court, Carlsbad 92010, on Saturday, October 9th at 11:00 a.m.

Please provide Lynda and Denise with email addresses, phone numbers, and home addresses for each referral. Invitations will be sent out to our prospective members. Board members are also invited to attend!

We are very excited about bringing in new members. Your enthusiasm about our branch can be infectious and you can stimulate the fellowship of other women. Remember, get a new member to join and choose an AAUW gift.

Respectfully yours,
Lynda and Denise

WHO'S NEW... WELCOME !!!!



Edith Richman was born and raised in Brooklyn, NY, where she attended an African American school for the gifted. She received a BA in Romance languages from Brooklyn College; and taught French and Spanish for two years.

While rearing two daughters she got her first Masters degree in Latin American History from NYU. She also started a French cooking school and a catering business. After deciding that French food was too rich - she opened a Vegetarian restaurant.

In 1987 Edith accepted a fellowship to Yeshiva University to study Social Work. She worked for a psychoanalytic clinic after her post graduate training at Ackerman Family Institute, and then worked for Blue Cross and Kaiser Permanente as an employee assistance counselor and a psychotherapist.

She retired in 2011. Edith would love to start a Vegan cooking class for her new friends in AAUW COV.

Happy Birthday!!



Joyce King – 1st
Jackie Stone – 3rd
Barbara Odling – 17th
Ruth Plotkin – 20th
Carol Rattray Wanat – 20th
Ele Lavender – 31st

REMINDER!! Your *Treasure Table* helps support various projects throughout the year. Please donate any unwanted gifts, items, or jewelry to COV. When you downsize or move COV can resell or consign a variety of items. Please bring any items to the Branch Meeting or contact Ele Lavender for donation arrangements.

Public Policy-

Dear COV members:

I am writing to let you know that I have made a huge life-change decision. In mid-October, I will be leaving Oceanside and moving to the beautiful Central Coast town of Cambria. This will be my last message to you as your Public Policy Chair; however, I will still be on the State board and will periodically send public policy information for the COV newsletter. It has been a privilege serving this wonderful branch as both your President and your PP chair – we have accomplished many things, including the GovTrek project which had to be cut short due to Covid. I hope someone from the branch will step up to chair the committee so that COV can continue to educate our community members on our mission-driven work. I will leave you with some updates from State:

2020-21 Legislative Session Winding Down – How Did AAUW California-sponsored Bills Fare?

Not particularly well, as it turns out! We started the year off with 39 bills we selected for varying degrees of support. We chose one bill to co-sponsor, AB 92, with four additional bills for top-priority attention (“A” level bills), five bills for “important” status (“B” level bills), twenty-two bills for low- (“C”) level attention, and seven bills to “watch.”

Over-all, 28 of our 39 bills have been designated “2-year” bills, which means they are dead for this year and will be taken up again in 2022. Our advocate, Kathy Van Osten, has explained that this is because Senate and Assembly leadership set a limit on how many bills a member could move to the second house of just 12 bills, so members had to pick and choose what would they wanted to move forward.

Unfortunately, most of our bills did not make the cut. Four of our five “A” bills, including our co-sponsored bill, and four of our five “B” bills, did not make it through. These include AB 22, AB 92, AB 737, AB 966, AB 1361, and SB 245. Still alive and on their way to the Governor are AB 62 and AB 367, as well as 3 of our “C” level bills: AB 123, AB 1074, and AB 1461.

All is not lost, however. Although we were not entirely successful in getting AB 92 passed (establishing a sliding scale for family fees for childcare through 2023), we did get \$60 million for one year of relief for all families using subsidized childcare, and a 7% of wages cap on family fees going forward. It also increases childcare reimbursement rates and funds an additional 206,000 new childcare slots.

Thanks again to all our members who participated in Lobby Day and/or weighed in at critical junctures on social media. For descriptions of each of these bills and/or more information on their status, visit our Bill Tracker on the AAUW California website, Public Policy/Legislative Advocacy/Bill Tracking.

Kathi Harper, Co-Chair Public Policy, AAUW California

Funding Committee -*

AAUW-COV needs YOU to help us reach our fund-raising goals for this year to enable us to continue sending girls to Tech Trek and providing scholarships for deserving college women.

We have come up with a new plan that is easy and relatively painless that every member can participate in. We are calling it "Change for Change."

All you have to do is save up all your change – and create more by paying with paper every time you do a transaction – and bring it to your next interest group meeting, and all the meetings after that.

Your group leader will have a "Change for Change" receptacle, please make sure you empty your coin purse into it before you leave. You'd be amazed how fast all those quarters add up!

Mahatma Gandhi didn't exactly say this, but - using it anyway: "Be the change you want to see in the world" and start with just a little change.

LEAVE A LEGACY

Making a planned gift to AAUW in your trust benefits AAUW into the future. Call 202-785-7766 or contact Heather Miller: millerh@aauw.org

Join the Legacy Circle now and make a real impact for fair pay, education for women and leadership opportunities.

EXPLORING CALIFORNIA FIELD TRIP: SEPTEMBER 17TH



Lynda Joanna Debby Ele Seena Joyce Mardi

***FUND INFORMATION:** There are 3 ZOOM sessions to hear the State scholarship recipients. These scholarships are where our contributions to the AAUW FUND go. You will need to register on the AAUW website: www.aauw-ca.org (click on *Webinars*). The dates are October 23rd and October 30th and November 7th. Any questions notify Sally Cummins.



ACTION is an official publication of the American Association of University Women, Carlsbad-Oceanside-Vista Branch; published September-June; available on our Website. All information or comments may be sent to:

AAUW-COV
 P.O. Box 443
 Carlsbad, CA 92018
 Website: cov-ca.aauw.net
 Email: aauw.cov@gmail.com

OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Happy Hikers 9 am @ Blue Sky Preserve
3	4 Mystery Books 1 pm @ Ella Jarf's	5	6	7	8 Lunch Bunch ON HOLD	9
10 Board Meeting 3 pm @ Crystal's	11	12 Scrabble 1 pm @ Lynda's Great Decisions 6 pm @ Sally's	13 Mah Jongg 1 pm @ Nelle's	14 Drama Divas 1 pm @ Annemarie's	15	16 BRANCH MEETING 9:30 am @ Presbyterian Church
17	18 Exploring California 9:30 am @ Sally Cummins'	19	20	21	22	23
24/31	25	26 Mostly Books 1 pm @ Karen Frisch's	27	28	29	30