AAUW Carlsbad-Oceanside-Vista (CA) Branch

ACTION

American Association of University Women

January 2020 Number 397

Next Branch Meeting: January 11th 9:30 am 1st Pres. Church

Lisa Faulkner, Women's Basketball Coach, Point Loma Nazarene University

We wanted to learn more about what it is like to be a female in the competitive world of sports today so we found Lisa Faulkner, who has a rich history, not only as an outstanding college player, being a 2 time All-American, but also as a coach. We will hear if Title IX is making a difference.

We will also hear about her personal journey as a female athlete and coach. During her three seasons at the helm, the Sea Lions have a record of 46-16 in the PacWest Conference. She came to Point Loma after being an assistant coach with Boston College. She has also had coaching stops at the University of Denver, Northern Arizona University and Vanguard. While at Vanguard, she helped guide the Lions to a record of 62-3 and two Final Four appearances. She graduated from Vanguard in 2005 with a 3.8 grade point average and a degree in Sociology. She went on to earn her Master's degree in Professional Studies from the University of Denver. You won't want to miss hearing from this very accomplished athlete and coach!

AAUW COV Celebrates the 100th Anniversary of the Ratification of the 19th Amendment with an "Equal-i-Tea"

This poster, with its purple and gold denoting the colors of the Women's Suffrage Movement, heralded the finale of over 70 years of struggles by women to gain the right to vote – the ratification of the 19th Amendment on August 26, 1920. And it all began with a tea party. On July 9, 1848, 5 women met over tea to discuss the state of suffrage for women. The tea led to the Convention at Seneca Falls, New York, which launched the Women's Suffrage Movement. Over the next 70 years, teas would continue to play a vital role in serving as fund-raisers to support the Suffragists' Movement. The purpose of the AAUW-COV tea party is to pay homage to these brave women, and to raise funds for another worthy cause-Tech Trek. Please join us, and bring your neighbors, friends and granddaughters!

DATE: **February 22, 2020**
TIME: **2:00 pm to 5:00 pm**
LOCATION: **Encinitas Community Center**
1104 Oakcrest Park Dr, Encinitas

REGISTRATION FORM AT THE BOTTOM OF PAGE 6.

President's Message

YEAR OF THE WOMAN!

HAPPY NEW YEAR!

I cannot believe how fast the year has gone. AAUW-COV has been so involved in many projects to empower women. The newest one – our Suffragists' Tea – is coming up fast. Be sure to put the date – February 22nd - on your calendar and invite friends and family. It will be a fabulous event with speakers, the history of the suffragists' movement, and the dress of the time. As the women wore white – please do wear white if possible…and/or a spectator hat for this high tea. Seena and Kathi, the co-chairs, have been working tirelessly on the decorations, program, and food. Ele and I have worked on the baskets with a tea theme.

There will be teapots as well as teacups, tier trays and Equal-i-Tea to buy after the function so bring your checkbooks. All proceeds go to Tech Trek. We will offer the teacups and teapots at our next Treasure Table, as well.

In keeping with our *Year of the Woman*, we have a fabulous speaker in January who has been involved in sports for many years – our focus this month is TITLE IX.

Gov Trek continues on and we invite those interested to attend the monthly meetings. Our guest speakers include Cori Schumaker and Tasha Boerner-Hovarth.

If you have any questions about our schedule – please refer to your directory.

HERE'S TO A FANTASTIC 2020!

Lynda

January Board Meeting: January 13th, 9:30 am @ Janet Shannon's. Refreshments: Belle.

AAUW MISSION STATEMENT

AAUW's Mission is to advance equity for women and girls through advocacy, education, and research. AAUW DIVERSITY STATEMENT In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin or disability.

EDUCATIONAL OPPORTUNITIES (EO Fund)
AAUW Educational Opportunities provides funds to advance self- development for women and to foster equity and positive societal change.

LEGAL ADVOCACY FUND (LAF)
The AAUW Legal Advocacy Fund provides funding and a support system for women seeking judicial redress for sexual discrimination.

CARLSBAD-OCEANSIDE-VISTA BRANCH
President 2019-2020: LYNDA DANIELS - 619-708-8748
President Elect: ELE LAVENDER

Elected Board Members:
Program VPs: SALLY CUMMINS & GLEA GOLD
Membership VPs: JANET SHANNON & DENISE TRUETT
AAUW Fund VPs: ELLIE BURTON & SHARLENE BERGART
Co-Secretaries: JANET BRYANT & KAREN JOHNSON
Treasurer: BELLE JOHNSON BOHN

Appointed Board Members and Committee Chairs:
Communications: ANNETTE O'BRIEN & NANCY HACKERT
Public Policy : KATHI HARPER
Membership Treasurer: SUE MITCHELL
Parliamentarian: RITA KOOR
Auditor: RITA KOOR & SANDRA HOLTZ
Bylaws: ELVA VOLLBRECHT
California Drama Exchange: CAROL WANAT
Historian: CAROLYN RODOSTA
Scholarship: MARDI MUSICK & WANDA DOWNER
Sunshine: MARY LOU HENRY
Tech Trek: FAYE CAPPS

COV Website: cov-ca.aauw.net
COV E-mail: aauw.cov@gmail.com
State Website: aauw-ca.org
National Website: aauw.org

REMINDER!! Your *Treasure Table* helps support various projects throughout the year. Please donate any unwanted gifts, items, or jewelry to COV. When you downsize or move COV can resell or consign a variety of items. Please bring any items to a Branch Meeting or contact Ele Lavender for donation arrangements.

Interest Groups ……

JANUARY

BRIDGE GROUPS - We have three AAUW Bridge Groups and always welcome new members to fill openings in our groups and as subs. Our groups meet at 12:30 pm on the first Monday, and first and second Thursdays. Currently we have openings for our first Thursday group and welcome subs for all the groups. Please contact Wanda Downer, Bridge Coordinator, at 760-941-2841 or bwdowner@cox.net for more information.

DINING ABOUT - Come and join us for our first dinner of the new year on Sunday, January 12th at 5:30 pm. I will send out an e-mail with more information as the date gets closer. Let me know if you would like to join us or want to be added to our group. suehowe@sbcglobal.net .

DRAMA DIVAS –Will meet on Thursday, January 9th at 1:00 pm at Nancy Hackert's home. Address in the Branch Directory. We are reading Henrik Ibsen's *A Doll's House*. Please let Nancy know if you are coming. 760-434-6428. All are welcome.

EXPLORING CALIFORNIA – Monday, January 20th at Joyce King's house, assisted by Mardi Musick, Meet at 9:00 am. Please carpool due to limited parking spaces. Call or text Debby Parks at 760-505-0384.

GREAT DECISIONS – Great Decisions is a foreign policy study group, which meets on the 3rd Wednesday of every month. The group runs on a calendar, not fiscal, year. Our final meeting for 2019 was on November 20th, where we discussed the State of the State Department – timely indeed! We will meet on Wednesday January 15th to kick off our new round of discussions. This will be an organizational meeting, where members will get their study manuals and sign-up to hostess a session during the year. There will be no topic discussions at this meeting, so it's the perfect time for anyone curious about the group to join us and see what this exciting and stimulating group is all about. The meeting will be at Kathi Harper's house at 6:00 pm, please RSVP.

HAPPY HIKERS - Next Happy Hiker adventure Saturday, January 4th at the Gonzales Canyon in Del Mar. Meet at 9:00 am. If you would like to join us for a fun-filled hike, please RSVP to Crystal Stebbins at crystal.stebbins@compass-usa.com or call/text 760-405-5352.

LUNCH BUNCH - Friday, January 10th at 11:45 am at the ***The Blue Water Grill,*** 417 Carlsbad Village Drive, Carlsbad. There is plenty of free parking in the adjacent public parking lot. To reserve your place, please RSVP to Belle Johnson Bohn, bjbohn1@mac.com.

MAH JONGG - Will meet at Nelle's house Wednesday January 8th at 1:00 pm. Please let her know if you want to attend.

MOSTLY BOOKS - Next session will be Tuesday, January 28th at 1:00 pm at Pat Rugg's home. The book is *Fire on the Track* by Rosanne Montillo. This is a true story of the women who "broke the barriers" at the 1928 Olympic Games.

MYSTERY BOOKS – Will be meeting January 6th, 1:00 pm, at Sing Baker's home. Our mystery for the month is *The Girl with the Braided Hair* by Margaret Coel. Please RSVP to Sing at 760-804-9234 or singb@roadrunner.com

SCRABBLE – Will meet January 14th at 1:00 pm at Lynda's. Plenty of table room for Scrabble competitors. Please notify Lynda if you plan to attend. lynda6367@yahoo.com

SDIBC BREAKFAST

Event Date: January 25th

DEADLINE: January 21st

For Reservations and Details…..

NOTIFY: Janet Bryant

Members' Corner

Happy Birthday!!

Beth Premo – 6th
Pat Knox – 9th
Kathi Harper – 14th
Elva Volbrecht – 16th
Mardi Musick – 18th

In Memorium:

Long time member Kay Riley died peacefully on Saturday, November 23, following a short illness. Kay was a valuable resource on bylaws and policies and procedures, and finance, serving for many years as Branch Auditor. In recent years, she was a key member of the California Drama Exchange Committee. Her wise counsel and caring will be missed.

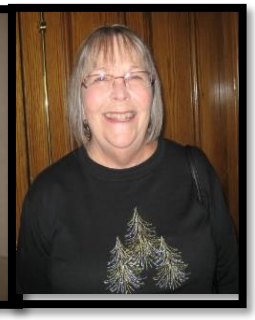
Meet Liz Wick:

Liz grew up in the Midwest, the East, and lived in Denmark. Her father was in the Air Force and the family moved frequently. She started college at Western Illinois University and completed her degree at The University of California, Riverside in Sociology and Psychology. For 10 years she worked as a Probation Officer and 25 years for the State of California as a Supervising Parole Agent. Liz joined AAUW to enjoy retirement and expand her interests with like-minded people. She enjoys traveling, hiking, reading and plans to hike in Peru to Machu Picchu next year. Welcome Liz!

A Picture is Worth….

What a wonderful Holiday Party. Everyone had a Grand time as shown by the photos of these lovely empowered Branch members:

Lynda, Belle, Ellie, Carolyn, Karen, M.J., Faye, Ele, Seena, Jane, Denise, Terry. Rita, Leslie, Wanda, Carol, Sharlene, Joanna, Malinda, Ruth, Mardi, Amy, Adrianne, Charlene, Sally, Dee, Alison, Fay, Feri, Elva, Debby, Janet, Kathi, Glea, Sally, Sue, Bobbie, Joyce.



AT YOUR SERVICE ....

Public Policy

GovTrek

After a holiday recess, GovTrek will resume on January 25th for our 3rd session, "How City Government Works" with Carlsbad City Councilwoman Cori Schumacher as our presenter. All sessions are from 1:00 to 3:00 pm. at the Mira Costa Learning Center, 1831 Mission Ave., Oceanside.

Women's March

January 18, 2020, marks the 3rd Annual Women's March in San Diego. This year, the AAUW-CA Board of Directors will be meeting in San Diego and we plan to join the March. The Board is urging all San Diego branches to join us and march as a bloc in support of AAUW public policy priorities. We hope COV members will be among them. We will meet at 9:30 am at the County Administration Building, at the round fountain out front. Note: the regularly scheduled General Meeting on the 18th has been moved to January 11th. Hope to see you all there!

News from State

Plans for AAUW-CA Convention are in full swing. One of the exciting events we are planning is a workshop on the "Days for Girls" project. This is an international program supported by several AAUW-CA branches, where members put together and deliver personal hygiene kits for menstruating girls in under-developed areas around the world. Participating members will have the opportunity to stop by the workshop and assist in assembling the kits. Even if you don't plan to attend Convention, you can play a vital role in providing supplies. If you'd like to do your part, please bring any of the following items to any of our branch meetings between now and March; items will be collected and delivered by Kathi Harper. Thank you for your contributions to this important project.

1. Travel-size soap
2. Undies - Girls' 100% cotton undies. Sizes 10, 12, 14, 16. Briefs, hipsters, or bikini. No thongs or boy shorts. No faces or animals. Preferably dark colors.
3. Washcloths – Preferably dark colors.
4. Ribbon Drawstring - 5/8" ribbon
5. JoAnn gift cards to purchase 100% cotton flannel or 100% cotton, 100% polyester thread and serger thread

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SUFFRAGISTS' TEA REGISTRATION FORM

Mail this Coupon with your check for $50 per person made out to AAUW CA SPF, to: AAUW-COV, P.O. Box 443, Carlsbad CA 92018

Name: _____

Name of Guest: _____

All proceeds go to the support of our Tech Trek program, a Math & Science Camp for Girls.

SOLUTIONS FOR CHANGE

Thank You! From Lee

Members Make a Difference !!!

For the past year AAUW-COV has been serving dinner at Solutions for Change once a month. For those taking part in preparing and serving the meals, this has been an opportunity not only to provide food but to show these women, just starting the Solutions for Change 1000 day program, that women in the community care and are supportive of their efforts to turn their lives around. It is important for these women to know that there is community support for their efforts to become productive members of the community and better mothers.

AAUW COV is scheduled to provide and serve dinners on Wednesday, January 8, 2020; Wednesday, February 12, 2020; and Wednesday, March 11, 2020; 5 to 6 pm each day.

We need additional members of AAUW COV to help with this project. Please contact Lee Whipple at leewhipple0715@gmail.com or 805-904-9816 if you can prepare and serve food for one or more of the above dinners.

Celebrating Women in… Athletics

Billie Jean King - surely the greatest activist in the history of sport – built the sense that a movement is undeniable. King, now 75, in the 1960's, known as the best tennis player in the World, helped lay the groundwork for a women's tour, which led to the creation of the Women's Tennis Association. King retired from tennis in 1983, having won 39 Grand Slam titles, 12 of them in singles. In "retirement" she has dedicated herself to campaigning for equality. In 2009 President Obama awarded King the *Medal of Freedom* - the highest civilian award in the United States. King says that winning titles always came secondary to fighting for equality.

ACTION is an official publication of the American Association of University Women, Carlsbad-Oceanside-Vista Branch. All information or comments may be sent to:

AAUW-COV
P.O. Box 443
Carlsbad, CA 92018
Website: cov-ca.aauw.net
Email: aauw.cov@gmail.com

JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Bridge 12:30 pm	3	4 Happy Hikers 9 am @ Gonzales Canyon
5	6 Bridge 12:30 pm Mystery Books 1 pm @ Sing's	7	8 Mah Jongg 1 pm @Nelle's Solutions for Change: 5 pm	9 Bridge 12:30 pm Drama Divas 1 pm @ Nancy Hackert's	10 Lunch Bunch 11:45 am @ *The Blue Water Grill*	11 General Mtg. 9:30 am @ 1st Pres. Church
12 Dining About 5:30 pm: TBD	13 Bd. Mtg 9:30 am @ Janet's	14 Scrabble 1 pm @ Lynda's	15 Great Decisions 6 pm @ Kathi's	16	17	18 AAUW Women's March: San Diego
19	20 Exploring CA 9:30 am @ Joyce King's	21	22	23	24	25 SDIBC Breakfast GOVTREK: 3rd Session
26	27	28 Mostly Books 1 pm @ Pat Rugg's	29	30	31	
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