



## Request to Participate in AAUW-COV GovTrek Project

### What is AAUW-COV?

COV is the Carlsbad-Oceanside-Vista branch of the American Association of University Women (AAUW). AAUW's mission is to advance equity for women and girls through education, research and advocacy.

### What is Gov-Trek?

GovTrek is a project of AAUW-COV, whose purpose is to introduce young high school women to careers in public service and to encourage them to engage in those careers. It is a 6-month immersion course in "How Politics Really Works."

There will be one 2-hour session per month, consisting of: "Politics 101," "So You Want to Be a Lawyer?," "How City Government Works," "How State Government Works," "How Federal Government Works," and "Not Ready for Prime Time?" (behind the scenes careers in politics). Each session will consist of a one-hour presentation followed by a one-hour hands-on activity. The three sessions on "How Government Works" will be led by a sitting legislator or aide.

### How Can I Help?

Legislators or their aides will be asked to:

- Give the topic presentation, to include but not limited to the following:
  - Why did you decide to go into politics?
  - What does the city council/mayor/state legislator/Congressional Rep do?
  - What kinds of issues do you have to decide?
  - What issues do you confront that directly, or disproportionately, affect women/girls/students?
  - Was gender a factor in your campaign?
  - Is it a factor in getting your job done? Do women have a voice in (your legislative body)?
  - What advice would you give for a young woman thinking about entering politics at your level? (city/state/federal)
- Offer ideas for hands-on project
- Assist the girls in their workshop if time permits
  - Be accessible as they work through their problems, offer information/guidance
- Provide a summer internship