



Carlsbad-Oceanside-Vista (CA) Branch

EVERY ACTION COUNTS HERE

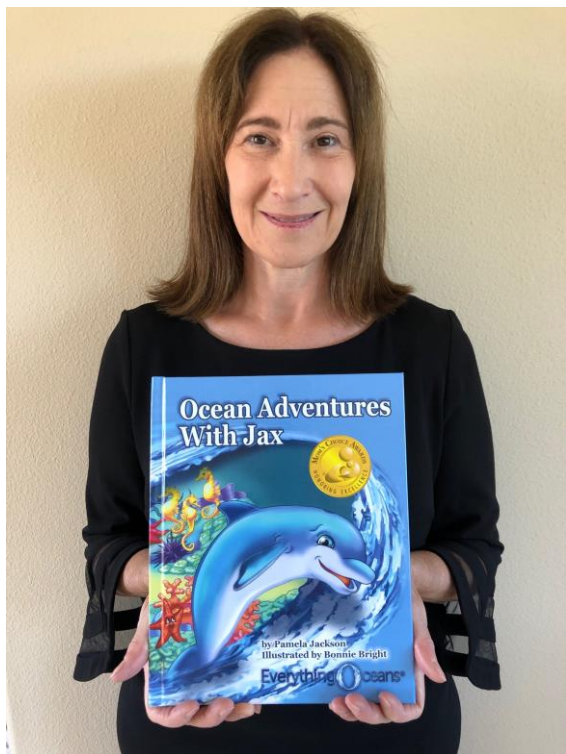
ACTION

American Association of University Women

May 2019

Number 391

Award Winning Author and Aquarist to Speak on Ocean Conservation at May Meeting



Please join us on Saturday, May 18th at 9:30 am at First Presbyterian Church in Oceanside for an enjoyable presentation by Pamela Jackson. She is a professional Aquarist, Ocean Expert and a Mom's Choice Gold award winning author. She is co-founder of the global education and oceans conservation organization, EverythingOceans, whose mission is to create awareness and empowerment for the next generation of ocean stewards.

She is a wonderful example of what our STEM's Tech Trek students can become and AAUW's mission to promote lifelong education and positive societal changes. She graduated with honors from the specialized Aquarium & Aquaculture Science program at Saddleback College in California, which required her to be efficient in the STEM components in order to run a large public facility like The Aquarium of the Pacific.

Pamela considers the oceans to be the world's largest aquarium that desperately needs to be cared for as a critical part of the earth's ecosystem. Her love of the ocean led her to write a children's book "Ocean Adventures With Jax".

The importance of ocean conservation is vividly demonstrated in her PowerPoint presentation. It is timely, relevant and will leave us inspired. Pamela is the daughter of one of our own COV members, Sharlene Bergart.

June 15th Luncheon, featuring the Installation of our New Officers. Shadowridge Golf Club – Vista

Please make your \$35.00 check payable to AAUW-COV, and choose your meal below. Payment and coupon must be received at AAUW-COV, P. O. Box 443, Carlsbad, CA 92018 no later than June 9th..

NAME: _____

PHONE #: _____

Menu Choices:

_____ Artichoke Chicken with Chardonnay Cream Sauce;

_____ Grilled Atlantic Salmon with Mango-Papaya Relish

_____ Stuffed Acorn Squash with Roasted Cauliflower and Quinoa. (vegan, gluten free, vegetarian)

President's Message

EACH ACTION COUNTS HERE!

HAPPY MAY!

Summer is coming! With the tourists and the traffic, but we at AAUW shall overcome all of that and have a fabulous month celebrating that the Paycheck Fairness Act has passed the House and is on its way to the Senate. Of course, the Senate must choose to take it up. We can only hope!

May is the month we begin collecting our annual dues and we are asking everyone to please send us their checks as usual. Our Chief Financial Officer, Belle, has signed us up electronically to then send funds to National as required. An application is available in this newsletter and we will have more at the Branch meetings in May and June. Deadline for dues is June 30th. Please do pay early to make it easier on Belle, Sue, our valuable Membership Treasurer, and Janet Shannon, our fabulous Membership Vice President. We are so fortunate to have such fine members on our Board.

Congratulations to our new Board members who were elected April 20th! We have some new faces like Sharlene Bergart, Glea Citron, and Karen Johnson. As our fiscal year comes to a close at the end of June, we look forward to working with the new Board to develop programs and take on the jobs for which we all volunteer. Our membership is strong! Our Boards are always fantastic, working to achieve our mission-based goals. Remember EACH – each action counts here! Each of us is part of an organization that empowers women. Let us Celebrate US!

Have a great May everyone!!

Lynda

AAUW-COV 3RD QUARTER 2019 TREASURER'S REPORT

January 1, 2019-March 31, 2019

OPERATIONS-CHECKING	INCOME	EXPENSES	BALANCE
Balance Dec. 31, 2018			\$5,182.12

INCOME: Jan. 1, 2019-Mar. 31, 2019

AAUW Dues	\$ 118.00
AAUW CA Dues	\$ 40.00
AAUW COV Dues	\$ 42.00
Donations	\$ 100.00
Event Income	\$1,568.00
Tech Trek	\$ 207.00
TOTAL INCOME	\$2,075.00

EXPENSES: Jan. 1, 2019-Mar. 31, 2019

AAUW Dues	\$ 118.00
AAUW CA Dues	\$ 40.00
AAUW Funds-EO	\$ 116.00
Administration	\$ 21.24
Convention	\$ 130.00
Events	\$ 618.96
Newsletter	\$ 113.13
Scholarship	\$ 86.26
Tech Trek	\$ 160.04
Web Site	\$ 119.88
TOTAL EXPENSES	-\$1,524.01

SAVINGS ACCOUNT

Balance Dec. 31, 2018		\$9,377.29
Interest Earned	.46	
AAUW-COV Dues Income 2019-2020	21.00	

March 31, 2019 BALANCES

Checking	\$5,733.11
Savings	\$9,398.75
TOTAL ASSETS	\$15,131.86

AAUW MISSION STATEMENT

AAUW's Mission is to advance equity for women and girls through Advocacy, Education, Philanthropy and Research.

AAUW DIVERSITY STATEMENT

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disabilities, or class.

EDUCATIONAL OPPORTUNITIES (EO Fund)

AAUW Educational Opportunities provides funds to advance self- development for women and to foster equity and positive societal change.

LEGAL ADVOCACY FUND (LAF)

The AAUW Legal Advocacy Fund provides funding and a support system for women seeking judicial redress for sexual discrimination.

CARLSBAD-OCEANSIDE-VISTA BRANCH

President for 2018-2019 LYNDIA DANIELS,
619-708-8748

Pres. Elect: Vacant

Elected Board Members:

SALLY CUMMINS & WANDA FULLER, Programs VPs
JANET SHANNON & DENISE TRUETT, Membership VPs
SEENA TRIGAS & DEBBY PARKS, Educational Opp. VPs
CAROL HILTON & ELVA VOLLBRECHT, LAF VPs
JANET BRYANT & ELLIE BURTON, Co-Secretaries
BELLE JOHNSON BOHN, Treasurer

Appointed Board Members and Committee Chairs:

Communications: KATHI HARPER
Public Policy – REBECCA GRESH & LEE WHIPPLE
Parliamentarian: CHARLENE WILLIAMSON
Bylaws: DEE PORTER
Web Master: EMILY HARDY
IBC Rep: BETH MASON
Scholarship: MARDI MUSICK, WANDA DOWNER & ELLIE BURTON
Directory: DOREEN ROBINSON & BELLE BOHN
Historian: CAROLYN RODOSTA
Sunshine: MARY LOU HENRY
Membership Treasurer & ACTION Circulation: SUE MITCHELL
ACTION Editor: AMY SHANNON

COV Website: cov-ca.aauw.net

COV E-mail: aauw.cov@gmail.com

State Website: aauw-ca.org

National Website: aauw.org

May Board Meeting

Monday, May 13th, 9:30 am at

Sally Cummins's, Co-host –

Sue Mitchell



Interest Groups

BRIDGE GROUPS - We currently have groups that meet at 12:30 on the first Monday, and first and second Thursdays of each month. If you are interested in being on the sub list for any of these groups please contact **Wanda Downer** at bwdowner@cox.net. We currently have openings in both our First Monday and First Thursday groups, as well as always needing subs. If you are interested in joining either group please contact Wanda Downer bwdowner@cox.net; 760-941-2481

DINING ABOUT - By the time you read this we will have had our April 14th dinner. We met at The Green Dragon Tavern in Carlsbad. We always seem to have a good time with an interesting group of people. Our next dinner will be on June 9th. Mark your calendar if you would like to come. **Sue Howe** will send out more information as the date gets closer. Let her know if you would like to join them, suehowe@sbcglobal.net

DRAMA DIVAS - will meet on Thursday May 9th at 1 pm at the home of **Kay Riley**: 4024 Crescent Point Rd. in Carlsbad. We are reading: "The Prime of Miss Jean Brodie" by Jay Presson Allen, adapted from the novel by Muriel Spark. May is our last meeting of the season. We come back on the second Thursday in October.

EXPLORING CALIFORNIA - will meet at **Nancy Elder's** house, 6163 Paseo Jaquita, Carlsbad on Monday, May 20th at 9:30 am. **Sue Mitchell** and **Ele Lavender** are hostessing. **Lynda Daniels**, **Charlene Williamson** and **Sally Cummings** are reporting, and Ele will lead the discussion on the romance chapter

HAPPY HIKERS - On Saturday, May 4th at 9:30 am, we plan to visit Torrey Pines State Reserve, 12600 N. Torrey Pines Rd., La Jolla. This is a moderate hike up the hill to the preserve and there are several scenic looping hikes to enjoy off the main trail. This year the tide will be too high to hike back along the beach. We will probably want to carpool, as the parking lot is \$10-\$15. We will meet at 9:30 am at the La Costa Park and Ride. Let's go to lunch afterwards to celebrate Cinco de Mayo, at Tony's Jacal, in Del Mar. RSVP to **Belle Johnson Bohn**, bjbohn1@mac.com or call/text 619-895-7678.

GREAT DECISIONS - On May 15th, **Wanda Downer's** team will lead us in a timely and important discussion of "The Rise of Populism in Europe" at **Glea Citron's** home at 6 pm.

LUNCH BUNCH - The May lunch will be at **Thai One On**, 485 S. Melrose Dr. in Vista. We will gather there Friday, May 3rd at 11:45 am. to experience a taste of what true Thai cuisine is all about. The menu features Thai noodle & rice dishes, curries & vegetable entrees at reasonable prices. There is plenty of free parking in the adjoining lot. Contact **Belle Johnson Bohn**, bjbohn1@mac.com; or 619-895-7678 to reserve a place.



ABOVE: Lunch Bunchers enjoy a meal at Argyle on April 5th

MAH JONGG - will meet Wednesday May 8th at 1 pm at **Nelle Hefner's**. Remember your new card. Please let her know if you can attend

MARTHA STEWART DROPOUTS - No dinners are planned for the rest of the year. If anyone would like to host an MSDO dinner on a Sunday afternoon for May or June, please let **Renny** know. This is a VERY casual and informal get-together. It is one of the two AAUW functions which also invite spouses. The hostess provides the main dish and all are invited to participate and bring ANY dish of choice. It is relaxed and fun. Renny Dowling 760-721-9745.

MOSTLY BOOKS - The selected book for our Tuesday, May 28th gathering is **Before We Were Yours**, by Lisa Wingate. We will meet at the home of **Nancy Hackert** at 1 pm. to discuss this well told story, based on actual historical events, that begins in 1939 when something unspeakable happens to a poor but close-knit river family. Two families, generations apart, are forever changed by this heartbreaking injustice. Contact **Belle Johnson Bohn**, 619-895-7678 for more information

MYSTERY BOOKS - will be meeting Monday, May 6th, 1 pm, at **Glea Citron's** home, 4915 Refugio Ave, Carlsbad. Our mystery for the month is **Gaudy Night** by Dorothy Sayers. RSVP to Glea at 310-293-5418, glcitron@pacbell.net

ON THE GO - Join On the Go and Exploring California for a trip to The Gemological Society Of America, Wednesday, May 8th, 9:30 am. Must sign up in advance and bring identification. Free. Register at eleruthlav@gmail.com

SCRABBLE - Meets at 1 pm on the second Tuesday of the month (May 14th) at **Lynda Daniels'** home.

Member's Corner

Fond Farewell to Jan Boysen

Beloved member Jan Boysen left us on Monday, April 22nd. Family was with her and it is fitting that death came for this former earth sciences teacher on Earth Day. Among her many significant contributions to our branch: Co-President with Lynn Rego 2011-2012, longtime Editor of *AAUW Action*, Exploring California Chair, and her love of AAUW and the members of COV. Memorial services will be Saturday, June 29th at 3 pm at Palomar Unitarian Universalist Fellowship, 1600 Buena Vista Drive, Vista, CA 92081.

2019-20 DUES ARE DUE!

It's dues renewal time everyone. Please use the attached form and note the deadline of June 30, 2019. Please enter your name (printed, please) – all remaining information on the top half of the form needs only be included if there have been changes to any of the information in the past year.

Please note: AAUW National has made some changes in its dues renewal procedures effective this year. They will no longer be accepting individual member or branch checks. They have created a system for on-line payments *only*, whether from members or branch finance officers. While this system does give members the option of paying by credit card, it is the opinion of your Finance team that the system is complicated and cumbersome. If you choose this option, you may NOT go to the National website to pay; rather, you need to contact Sue Mitchell, who then sends you an e-mail with an imbedded link that you then use to pay.

In addition, if you choose this option you must send the *full* amount – including your branch dues – to National, and then we must wait for National to reimburse us. The Board does have some concerns about timely reimbursements. For these reasons, the Board is encouraging members to continue to pay by check to COV; the Finance team will then pay National and State with the branch credit card.

Please feel free to contact either Sue Mitchell or Belle Bohn should you have any questions. Application included in this newsletter.

IBC

Quarterly Meeting Saturday, June 22nd, 10 am at the home of Beth Mason. Speaker to be announced.,

Tech Trek

TECH TREK 2019 CAMPERS

We are sending 17 girls to Tech Trek Camp. One from every middle school in COV and San Marcos!

ALUMNI

UC Irvine Campers Pizza Party- Wednesday, May 15th- at 5 pm at Lynda Daniel's home.

UCSD Campers Pizza Party- Date and Location still to be determined.

Opotek Field Trip- date still to be determined.

Election Results

At the General Meeting on April 20th, members voted to elect the following members to next year's Board: Please join us for the June meeting where we will install the new officers.

President-Elect - – Ele Lavender

Program VPs – 1 - Sally Cummins

2 - Glea Citron

Membership VPs – 1 - Janet Shannon

2 - Denise Truett

AAUW Funds VPs – 1 - Ellie Burton

2 - Sharlene Bergart

Co-Secretaries – 1 - Janet Bryant

2 - Karen Johnson

Treasurer - Belle Bohn

Mentors and Students Share Successes from the Girls Excel Program at April 20th Meeting



Above: Girls Excel mentors, Judy Horan and Ruth Kremer; Concepcion Jardon; mentor, Linda Barlogio; Jenny Ramirez; teacher Jessica Fuller; and Co-VP of Programs Sally Cummins.

At Your Service

Public Policy

On April 4, 2019, AAUW-COV members were at Mira Costa and Palomar Community Colleges as part of Equal Pay Day to educate the students on the pay gap problem and its detrimental effect on families and the economy. As the Paycheck Fairness Act has already passed the House, we suggested that students contact the CA Senators requesting that our senators support this Act. Becky Gresh had created a Gender Pay Gap Student Questionnaire and had contacted professors and asked that, not only did they inform their students of our presence on campus, but also to give extra credit to those students who took the quiz and turned it in to their professors. Thank you, Becky. We had many good handouts regarding the need for equal pay for women, minorities, families and the economy, and gave away free water with Equal Pay stickers on the bottles. Thank you to all who participated to make this a successful event.



Above left: MJ Giotta, Lee Whipple, Nancy Hackert, and Kathi Harper at Mira Costa College; above right: Seena Trigas, Belle Johnson-Bohn, and Lynda Daniels at Palomar College.



Above left: MJ Giotta, Lee Whipple and Nancy Hackert pass out information to a Mira Costa student about Equal Pay Day; above right: Nice to see the male students were also interested in receiving information about the gender pay gap from Lee Whipple and Nancy Hackert.



April 18, 2019

Dear Lynda, Lee and AAUW Members,

We have so much to be thankful for when thinking of your organization. Thank you so much for your generosity in serving residents at Solutions for Change. We understand that there are many other things you could be doing with your evenings, and the fact that you have continually shown your dedication and commitment to serving our residents truly means the world to our organization. When you serve dinner, you support the transformation of formerly homeless families. Solutions for Change empowers families, moving them from a life of dependency on services, to a life of self-sufficiency and purpose.

American Association of University Women (AAUW) has made a difference by serving 3 meals this year to our residents from January to March. On behalf of Solutions for Change staff and residents, Thank You for your service, past and future.

This past year, Solutions for Change, transformed the lives of 233 families which is 473 children and 261 adults! We rely on community support to sponsor these families as they complete our 1,000-day program and we are truly grateful for your commitment to their success.

With great gratitude,

Cynthia Dzwigalski
Volunteer and Community Outreach Manager
Solutions for Change

Solutions for Change Opportunity

Our next Solutions for Change Dinner is Wednesday, May 8, 2019. If you are willing to bring prepared food, set up, serve and clean up, please contact Becky Gresh at becky.gresh@gmail.com to sign up and arrange what to bring. For those of you who have not participated before, please consider joining the Solutions for Change Dinner Team. It is worth the time and effort.

News from State

Annual Meeting Delivers!

Throughout the year, members of your AAUW-CA Board have been contacting branch presidents all up and down the state, to find out what branches are struggling with and how AAUW-CA can help. At the Annual State Membership meeting held in San Diego on April 6th, Board members were “all ears” as they demonstrated the meeting’s theme of “We Called...You Answered...We Listened.” The overwhelming needs branches expressed were with growing and retaining membership and developing new leaders. The morning Membership and afternoon Leadership panels offered lots of ideas for meeting these needs. The “Leadership Development Kit,” with its “Leadership Talent Pipeline” and “Mentoring” models were especially helpful. Members also enjoyed hearing about innovative programs that other branches were engaged in, as six branches received Certificates of Recognition for mission-based programs that their branches had been involved in for a year or more. Of special note was Healdberg’s participation in the international program “Days for Girls,” in which branch members assemble feminine hygiene kits to be delivered to girls from impoverished nations. And of course, the hit of the day was the Speech Trek contest in which the top 3 finalists competed for the 1st place prize of \$1,500. This year’s topic, “How Do We Prevent Violence Aimed at Our Schools” evoked intense emotions from both the speakers and the audience, but these talented young women kept it together and delivered excellent speeches.



Top: COV Member and State Programs Director, Kathi Harper and other Board members are “All Ears.” **Bottom:** Ele Lavender, Belle Johnson-Bohn, Lynda Daniels, and Beth Mason at the Annual State meeting at the Handlery Hotel.

Your State Board Needs YOU!

As with branches, most of the work of the State Board is done by committees. Committees don’t just magically appear – they need volunteers! The window is now open for members to apply, but it closes May 15th, so don’t delay. State committees are Program, Public Policy, Communications, Finance, Leadership Development, AAUW Fund, Branch Support, Membership, and Project Oversight – lots to choose from, surely one of these is right up your alley! If you’re interested, go to the AAUW-CA website (aauw-ca.org), you’ll see an invitation to “Join the AAUW CA Leadership Team.” A click here will take you to a description of each committee and a link to the on-line application. All members joining the team will take part in a Leadership Day on July 11th – so sign up and save the date!

Don’t Forget to Vote!

Polls opened on April 22nd for voting on new AAUW-CA Board members – President-Elect, CFO and 2 Directors – as well as on the new proposed Public Policy priorities. You should’ve received an e-mail message with instructions on how to vote. Please visit the AAUW-CA website (aauw-ca.org) to view nominee profiles on the Governance page, and PP priorities on the Public Policy page. Polls close May 15th – please make your voice heard.



Above: AAUW-COV members served dinner at Solutions for Change on April 10th. Many residents expressed their gratitude and members are happy their small offer makes such a big impact.



**American Association of University Women
Carlsbad-Oceanside-Vista Branch**

Membership/Renewal Application July 1, 2019-June 30, 2020

NAME _____ Birthdate: (Mo.) (Day) _____

ADDRESS _____

CITY and ZIP _____

PHONE: Home _____ Cell _____ E-mail _____

UNIVERSITY/COLLEGE _____ DEGREE/MAJOR _____ DATE _____

Were you ever an AAUW Member elsewhere? What branch and when? _____

MOB	Member of Branch <i>Pays Nat'l(\$59), State(\$20), Branch(\$21) \$46 Tax Deductible</i>	DUES \$100.00	AMOUNT
MBL	Paid Life Member <i>Pays State(\$20), Branch(\$21)</i>	\$41.00	
DUAL	Dual Member: Primary Branch _____ <i>Pays COV Branch Dues only (\$21)</i>	\$21.00	
MBHL	Honorary (50-Year) Life Member <i>Pays Branch Dues (\$21)</i>	\$21.00	
<i>Donation</i>	Angel Fund <i>Provides dues assistance</i>		
<i>Donation</i>	Branch Operations <i>Supports discretionary branch expenses</i>		
TOTAL	Total Amount Submitted		

Please note: Effective as of this dues payment, members have the option of paying the full amount of dues directly to National by credit card or by check. If you opt for the e-renewal, DO NOT go to the National website to pay. You MUST contact Sue Mitchell, she will send you an e-mail with an embedded link.

If you choose to pay by check, please make your check payable to AAUW-COV and mail with this form by June 30, 2019 to:

**Sue Mitchell, Membership Treasurer
1720 Bruce Road, Carlsbad, CA 92008**

MONTHLY NEWSLETTER will come by E-MAIL unless you indicate otherwise. --- U.S. Mail ?__



empowering women since 1881

AAUW-ACTION (USBS/356-750) is published monthly, except July & August for \$5.50 by Carlsbad-Oceanside-Vista Branch of AAUW, PO Box 443, Carlsbad, CA 92018.

PERIODICAL

POSTMASTER: Please send address changes to:
P.O. Box 443, Carlsbad, CA 92018.

STATEMENT OF PUBLICATION: AAUW ACTION is an official publication of the American Assoc. of University Women. All information or comments may be sent to Newsletter Editor AMY SHANNON, mollysmom1114@gmail.com

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Bridge 12:30pm	3 Lunch Bunch, 11:45am @ Thai One On	4 Happy Hikers 9:30am @ Torrey Pines & lunch @ Tony's Jacal
5	6 Bridge 12:30pm Mystery Books 1pm @ Glea's	7	8 Mah Jongg 1pm @ Nelle's On the Go & Exp CA 9:30 Gem. Society	9 Bridge 12:30pm Drama Divas 1pm @ Kay's	10	11
12	13 Board Meeting 9:30am @ Sally's	14 Scrabble 1pm @ Lynda's	15 Great Decisions, 6pm @ Glea's	16	17	18 General Meeting 9:30am @ 1 st Pres Church
19	20 Exploring CA 9:30 @ Nancy E.'s	21	22	23	24	25
26	27	28 Mostly Books 1pm @ Nancy H.'s	29	30	31	